

Activities and trips with MiR

MiR's local chapters arrange a range of different trips and activities for children, youth and families with children throughout the year. We arrange daytrips and overnight stays. Families are welcome to join in on some of our activities, whilst others are solely for children and young people.

All of our trips and activities are free of cost and you can borrow the equipment you need. There is no need for previous knowledge or skills to be able to take part in the trips. We do various activities together on trips, as well as cooking and eating together and getting to know each other. Our trips are a good fit for all types of families, including single parents and families with many children.

On our trips, you will gain new experiences and take part in new adventures. You'll meet new people with different background and maybe even visit new places.



It is important to MiR that all our participants are comfortable, feel a sense of achievement and security when they partake in our activities and trips. We take children and young people seriously and adapt our trips and their contents to the needs of our participants. All children and young people that take part in our trips and activities have insurance through their membership in "MiR-Ung", our youth chapter. Members of the youth chapter often assist us on our trips, which guarantees the voices of children and young people being heard when making decisions regarding the activities.

All of our trips and activities are arranged by our local chapters. Check out our website or contact us to find out if we have a chapter where you live!

We are looking forward to having you join our trips!